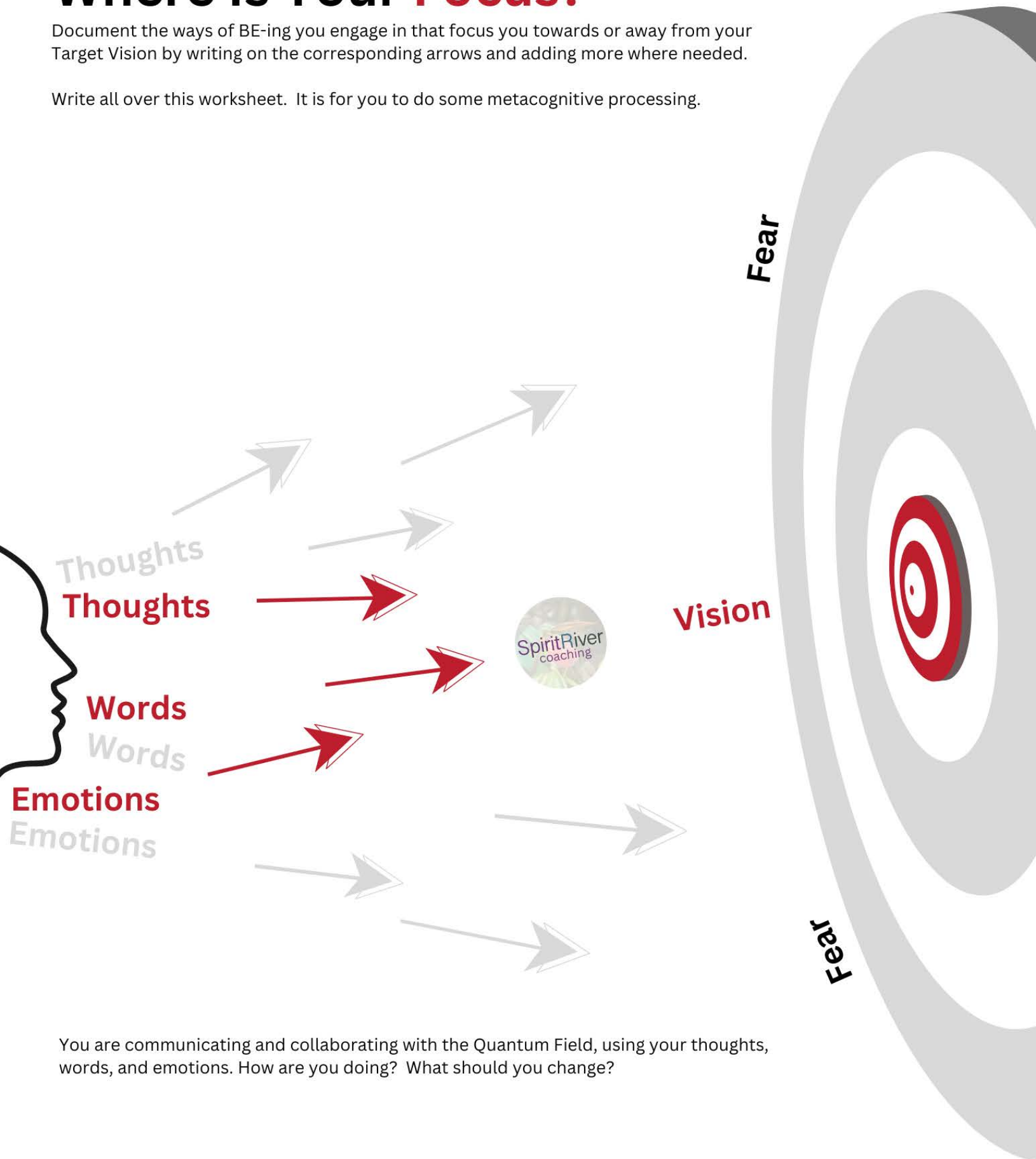


# Where Is Your Focus?

Document the ways of BE-ing you engage in that focus you towards or away from your Target Vision by writing on the corresponding arrows and adding more where needed.

Write all over this worksheet. It is for you to do some metacognitive processing.



You are communicating and collaborating with the Quantum Field, using your thoughts, words, and emotions. How are you doing? What should you change?